

Lyme Regis u3a Newsletter – August 2023

Talks

The talks are at Woodmead Halls. We will not be providing refreshments. Please do not attend face to face meetings if you have any **Covid/flu symptoms**.

August 2023:

Friday 11 August 11.00 am: Sarah Haywood – Tax, Care and the New Guy - Estate planning and how to prepare for the future

Friday 18 August 10.00 am: Science & Technology – NO MEETING

September 2023

Friday 8 September 11.00 am: TBA

Friday 15 September 10.00 am: Science & Technology - TBA

Membership

For membership queries (including your membership number) please do not hesitate to contact me at membership@lru3a.org Jacqueline Petitt - Membership Secretary.

Informal Drop-in

We are now back at the **Pilot Boat** in Lyme Regis on the last Thursday of the month at the new time of **11.00 am**. The next Drop-in is on Thursday 31 August 2023. The Drop-in is open to everyone and if you want to come, just turn up.

For more details contact Rachael Pope on rachael pope1@outlook.com or 01297 445575 or Ann Fleet on 07761468608 or annfleet60@outlook.com

Breakfast – Bellcliff cafe

We are now meeting at the Bellcliff café on the first Saturday of the month at the normal time of 9.30 am. The next u3a Breakfast is Saturday 5 August 2023. The Breakfast is open to everyone and if you want to come, just turn up. The breakfast choices will cost £6-10.00. Everyone is welcome.

For more details contact Rachael Pope on rachael pope1@outlook.com or 01297 445575

Lets meet up – u3a members in and around Axminster

Hi Lyme u3a members who live in Axminster and surrounding area. I am Rachel Jordan and it would be great to meet up in Axminster. I've lived here since July 2021 and been an u3a member for a year I think!! But then time passes quickly.

I go to the coffee mornings and the breakfasts most months in Lyme and am a member of the Current affairs group, but just wondered where fellow Axminster members are?

So if anyone fancies meeting up in Axminster please email me. rachelbramble@yahoo.co.uk or phone me on 07837233177

[Rachel is a committee member]

Lyme Valley Croquet Club

The Lyme Valley Croquet Club is providing these taster sessions throughout August on Wednesday and Saturday mornings at 10am. They will be held on King George's Field, Uplyme. All equipment will be provided. Parking is available in the Village Hall main and overflow carparks. Croquet is one of the most perfect summer games, suitable for all ages. U3A members will be warmly welcomed at these sessions and no advance booking is needed. Richard Godfrey

Group Leaders

*Please remember that you need to be happy with any contact details going public as this newsletter goes on the website.

Group Leaders are reminded to let Mark the Groups Coordinator know if there are any changes to the membership of their groups.

Group News

Coffee morning/Meet the Group Leaders event

The next Coffee Morning / Meet the Group Leaders event will be on Friday October 13th. Please make a note of the date now. We will be returning to the Woodmead Halls to give us more space and the committee hopes that it will be well attended. We will have some ideas for expanding the range of our groups so please come along and find out how. Mark Gillams

Garden Lovers

We are visiting South Eggardon House, just beyond Bridport, on Monday 22 August at 2pm. To join this group contact Mary Bohane (marybohane@yahoo.co.uk or 01297 444566).

Theatre trips

As you know John Bartholomew recently stood down as the arranger of theatre trips. Is there anyone else who is interested in organising similar events? Please contact Mark.

Trips

Ann Fleet is arranging some trips for 2023 – 07761468608 or annfleet60@outlook.com

We need your help

We would like to hear from anyone who would be willing to contribute to the Committee or this u3a in some way. We particularly need a Speaker Finder and Refreshments Coordinator. This

organisation can only continue to be a success if people are willing to come forward to help. Thank you.

Dorset Council

Regularly publishes bulletins for residents (you can sign up to receive them directly). You may find these recent ones of interest.

Cost of living support. <https://rb.gy/8tvro>

News from the Dorset AONB. <https://rb.gy/1v4pq>

Covid

*****Health news including Spring Covid booster offer** <https://rb.gy/gtnyp>

Public Health Dorset (PHD) <https://www.publichealthdorset.org.uk/your-health/protecting-your-health/latest-updates-on-covid-19-in-dorset>

Contacts:

Membership Secretary: Jacqueline Petitt - membership@lru3a.org

Treasurer: Alex Ruck - treasurer@lru3a.org

Groups' Coordinator: Mark Gillams - groups@lru3a.org

Secretary: Yvonne Renouf – 01297 442847 - secretary@lru3a.org

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Technical Support: Heather Britton – 07802 797427

Monthly newsletter: Rachael Pope - 01297 445575 - rachaelpope1@outlook.com

Chair: Richard Doney – chair@lru3a.org

Refreshments coordinator: Vacancy

Vice-Chair: Vacancy

Speaker Finder: Vacancy – speaker-finder@lru3a.org

Links:



Lyme Regis u3a website - <https://www.lymeregisu3a.org/>

National u3a website - <https://www.u3a.org.uk/>

National u3a Newsletter - <https://u3a.org.uk/newsletter>