

Lyme Regis u3a Newsletter – January 2022

A new Chair is required for when I come to the end of my 3 year term - Rachael

Talks

We are continuing to deliver presentations online until April when we will restart 'real life' face to face talks.

January 2022:

Friday 14 January 11.00 am: David Tovey - A history of Polperro, as revealed by artists

Art historian David Tovey has recently published two 600 page volumes on artists who worked in the Cornish village of Polperro during 1880-1939. In this presentation, delivered by zoom, David will focus on the social history of the time, illustrated by paintings of the principal houses, breakwaters, pilchard factories, fishing fleet and characters. Plenty to compare and contrast with Lyme Regis!

Friday 21 January 10.00 am: Science & Technology – John Marriage – Blowing Hot and Cold in the 1980s

Links for the talks will be sent out separately. Everyone is welcome.

February 2022:

Friday 11 February 11.00 am: No talk

Friday 18 February 10.00 am: Science & Technology – Dr Andrew Lacey - The Davy Notebooks Project

**** Everyone attending the online sessions should use their full names to register instead of an alias or e.g. 'ipad 4' etc., particularly if they are not using the video setting. Thank you to all those who have already done this.**

Covid

Public Health Dorset (PHD)

<https://www.publichealthdorset.org.uk/your-health/protecting-your-health/latest-updates-on-covid-19-in-dorset>

PHD (24 Dec) - 'Vaccination alone will not stop the spread of the virus, we also need to continue with public health measures. Test regularly, particularly before gatherings or meeting others. Get plenty of fresh air when you're meeting others, by meeting outdoors or opening doors and windows. Wear a face covering in indoor or crowded spaces'.

They previously said we should be doing x 2 a week testing as routine. **In the light of the increasing Covid infection rates and guidance to increase testing we request that just before events such as the Informal Drop-in and u3a Breakfast that everyone does a Lateral Flow test.** Obviously, if you test positive or if you have any cold/flu like/Covid symptoms you need to stay away to prevent spread, and to protect other u3a members. You will need to isolate if you test positive.

We don't want u3a occasions to become 'spreader events' and want to continue with social gatherings that are safer for everyone.

The flow tests are free from any pharmacy, but you do need to get a 'collect code'. You do this by phoning 119 or go online to get it on [Get a collect code to pick up coronavirus \(COVID-19\) rapid lateral flow tests - Get a coronavirus test - GOV.UK \(test-for-coronavirus.service.gov.uk\)](https://www.gov.uk/test-for-coronavirus)

For information about group risk assessments please contact Mark Gillams at groups@lru3a.org

Thank you

A big thank you to Graham Pitts for being our membership secretary and all that involves, for over two years. Jacqueline Petitt has come forward to take his place. Thank you Jacqueline.

Membership Renewal 2022

Individual Membership £12

Joint Membership £22 (2 members living in the same house)

Individual Associate £8.50

Joint Associate £15

Cheques should be made payable to Lyme Regis u3a. If paying with cash it would assist greatly if the correct money is presented.

However, wherever possible it would be very helpful if you could pay by Bank Transfer. Our bank details are:

Bank: Natwest; Sort code: 601357; Account Number: 51051567

When doing so **it is very important that you include your surname and membership number as a reference.** Many thanks, Jacqueline Petitt (Membership Secretary).

We need your help

If you would like to help and support this u3a in some way contact Rachael on chair@lru3a.org

We still need someone who will oversee the publicity for this u3a as we attempt to increase the activities.

Also, under the rules of our constitution all committee members are required to resign from their specific roles after 3 years. I am coming to the end of my 3 year term in March 2022 and therefore need to stand down. We are therefore looking for someone to take my place, and would like them to start working with me as soon as possible to ensure a smooth transition, thank you, Rachael.

Informal Drop-in

Ten of us recently met outdoors on Lyme seafront under the Shelters for the December Drop-in; very enjoyable despite the rain!

Normally we meet at the Pilot Boat in Lyme Regis on the last Thursday of the month at 10.00 am. The next one is on Thursday 24 January 2022. Contact Rachael Pope chair@lru3a.org or 01297 445575, or Ann Fleet trips@lru3a.org or 0776168608. The Drop-in is open to everyone and if you want to come, just turn up. We will inform you what is happening nearer the time. We may be outside again.

Please remember to do a Covid Lateral Flow test just before you come, and wear masks until seated.

Breakfast

The u3a Breakfast is normally on the first Saturday in the month at the Pilot Boat in Lyme Regis. **However for this month only we are meeting on the second Saturday on 8 January at 9.30 am.** The breakfast is open to everyone and if you want to come, just turn up.

There are two breakfasts available. A smaller breakfast with one of everything (£7.50) and the larger breakfast with two of everything (£12.00). Tea and Coffee will be £1.50 a cup.

For more details contact Rachael chair@lru3a.org

Please remember to do a Covid Lateral Flow test just before you come, and wear masks until seated.

Group Leaders

If you have not made contact with Mark Gillams our Groups Coordinator, please let him know what is happening in your group. As the restarting of the groups progress we need to keep our records up to date. Thank you. groups@lru3a.org

Updating of the group web pages on our web site has started and all group leaders are encouraged to let the Groups Coordinator know of any changes that are required.

If you want a contribution about your group to go into this monthly newsletter please contact Mark Gillams groups@lru3a.org

Please remember that you need to be happy with any contact details going public as this newsletter goes on the website.

Thank you to all the group leaders for their efforts over the last year as they have tried to keep their groups functioning in some way.

Group News

If anyone wishes to start a new group please contact Mark groups@lru3a.org to provide advice and address any questions you may have.

Happy New Year to you all.

Hopefully 2022 will at some point see the return to more normal group activities.

An opportunity for new and existing u3a members to meet with Group Leaders and find a group to join has been scheduled for **Tuesday 22 February 2022** at the Uplyme Community Hall, 10.00am -12 midday. Due to the uncertainties associated with the latest Covid wave this date is subject to

confirmation or revision. Please check the next February newsletter for the latest information and further details. It is hoped that a good selection of our groups will participate. All are welcome.

We have news from four groups this month. Mark Gillams.

Art and Crafts

A new Art and Crafts Group is proposed. This group will work with materials and methods of choice for each of the Group members. This could mean any craft such as painting, knitting, stitching, batik, silk pictures, lino cutting, quilting or any other of the myriads of crafts now available. It will be a "crafting together" group rather than a teaching group.

If there is sufficient interest the group will start later this year when restrictions allow.

Contact Jayne Avery 07743 059919 or email her via the u3a website.

Poetry

Members are being sought for a new Poetry group. We will be exploring poetry written by ourselves mostly, but occasionally exploring the work of other poets.

Contact David Ruffle on davidruffle@hotmail.com

Current Affairs

Gilbert Bland has received a few expressions of interest but further members are required. He is offering to lead a Current Affairs group. It will be face to face at his home in Ware Lane where there will be good ventilation and reasonable social distancing. It will be held fortnightly, probably on a Tuesday morning. The group will be about eight members. It is anticipated that members will attend meetings unless, for example, they are away or have visitors.

Gilbert believes the group will work best if it contains people of different backgrounds and views. Coffee and biscuits will be provided. It is expected that each member will have given some serious thought to the subjects to be discussed and hopefully done a small amount of 'homework'. He believes members should leave meetings, saying to themselves, something along the lines, 'that was really interesting and I didn't know that. John's comments made me see things in a slightly different way'

There will be two subjects discussed at each meeting (half time coffee break). The subjects to be discussed will be emailed to members two/three days before the meeting. Members will be invited to make suggestions, if they want to, on subjects that can be discussed. Over time the format of the meetings can be changed if members have ideas to make the meetings better and more worthwhile.

Contact Gilbert Bland on gilbertbland@gmail.com Mobile 07754 545590

Creative Writing

John McCallum is standing down after a long period of leading the group. The committee is grateful for his contribution. A new leader is required to restart the group. Anyone interested in doing so is invited to contact the Groups' Coordinator in the first instance.

Trips

Ann Fleet is going to arrange some trips for 2022 – 07761468608 or trips@lru3a.org

Crewkerne, Lyme Regis and Bridport U3A's - Trip to London Southbank April 2022

Just to register interest in further information, with no commitment, contact John Bartholomew at theatretrips@lru3a.org

Contacts:

Membership: Jacqueline Petitt - membership@lru3a.org

Treasurer: Alex Ruck - treasurer@lru3a.org

Groups' Coordinator: Mark Gillams - groups@lru3a.org

Secretary: Yvonne Renouf – 01297 442847 - secretary@lru3a.org

Speaker Finder: Andrew Lightfoot – speaker-finder@lru3a.org

Webmaster: John Marriage - webmaster@lru3a.org

Printed newsletter: John Marriage - webmaster@lru3a.org

Editor u3a4u: Elaine Taylor - editoru3a4u@lru3a.org

Trips: Ann Fleet - 07761468608 - trips@lru3a.org

Theatre trips: John Bartholomew - theatretrips@lru3a.org

Vice-Chair: Mary Bohane - 01297 444566 vice-chair@lru3a.org

Monthly newsletter: Rachael Pope - 01297 445575 chair@lru3a.org

Chair: Rachael Pope - 01297 445575 chair@lru3a.org

Links:

Lyme Regis u3a website - <https://www.lymeregisu3a.org/>

National u3a website - <https://www.u3a.org.uk/>

National u3a Newsletter - <https://u3a.org.uk/newsletter>