

## Lyme Regis u3a Newsletter – July 2023

### Talks

The talks are at Woodmead Halls. We will not be providing refreshments. Please do not attend face to face meetings if you have any Covid/flu symptoms.

### July 2023:

**Friday 14 July 11.00 am: Dawn Lawrence** - author and speaker who acts on behalf of the Born Free Foundation (international charity working to stop wild animal suffering, rescue individual animals in need, and protect endangered species) the founder of which is the celebrated actress, author & wildlife campaigner, Dame Virginia McKenna OBE

**Friday 21 July 10.00 am: Science & Technology – Charlotte Bacon - Let the water flow**

### August 2023

Friday 11 August 11.00 am: TBA

Friday 18 August 10.00 am: Science & Technology - Steve Coles – Nutribabble

### Membership

For membership queries (including your membership number) please do not hesitate to contact me at [membership@lru3a.org](mailto:membership@lru3a.org) Jacqueline Petitt - Membership Secretary.

### Informal Drop-in

We are now back at the **Pilot Boat** in Lyme Regis on the last Thursday of the month at the new time of **11.00 am**. The next Drop-in is on Thursday 27 July 2023. The Drop-in is open to everyone and if you want to come, just turn up.

For more details contact Rachael Pope on [rachael pope1@outlook.com](mailto:rachael pope1@outlook.com) or 01297 445575 or Ann Fleet on 07761468608 or [annfleet60@outlook.com](mailto:annfleet60@outlook.com)

### Breakfast – NEW VENUE – Bellcliff cafe

We are now meeting at the Bellcliff café on the first Saturday of the month at the normal time of 9.30 am. The next u3a Breakfast is Saturday 5 August 2023. The Breakfast is open to everyone and if you want to come, just turn up. The breakfast choices will cost £6-10.00. Everyone is welcome.

For more details contact Rachael Pope on [rachael pope1@outlook.com](mailto:rachael pope1@outlook.com) or 01297 445575

### Lets meet up – u3a members in and around Axminster

Hi Lyme u3a members who live in Axminster and surrounding area. I am Rachel Jordan and it would be great to meet up in Axminster. I've lived here since July 2021 and been an u3a member for a year I think!! But then time passes quickly.

I go to the coffee mornings and the breakfasts most months in Lyme and am a member of the Current affairs group, but just wondered where fellow Axminster members are?

So if anyone fancies meeting up in Axminster please email me. [rachelbramble@yahoo.co.uk](mailto:rachelbramble@yahoo.co.uk) or phone me 07837233177

[Rachel is a committee member]

## **Group Leaders**

\*Please remember that you need to be happy with any contact details going public as this newsletter goes on the website.

Group Leaders are reminded to let Mark the Groups Coordinator know if there are any changes to the membership of their groups.

## **Group News**

### **History**

Monika Ripley reports that the History group would really like to hear from anyone with an interest in History. The group has an inclusive approach to its activities as described below.

"The History group will seek to expand their knowledge and understanding of history. This will cover world history, British, local, family, biography etc. Each member presents a piece to the group once a year so that there is no burden on a few. In this way we will all be learning new aspects of history and by a variety of approaches."

Meetings are held on the second Wednesday of each month .

Recent past topics have included Thomas Coram, The First English Philanthropist; Lyme Regis' Hospitals, and The Chideock Martyrs. Why not share your own interest in History with a friendly group?

Please let me know if you would like to join the group and I will put you in touch with Monika.

### **Current Affairs**

Unfortunately Gilbert Bland has had to stand down from the leadership of the group that he restarted some time ago. I would like to thank Gilbert for his contribution to the group.

A new leader is now being sought. If anyone with an interest in discussing current affair topics would like to join the group or to become its leader please get in touch with me on [groups@lru3a.org](mailto:groups@lru3a.org).

An update of the website is ongoing at present. If any group member is aware of any errors or omissions or would like to enhance a group webpage in any other way please let your group leader or myself know. Mark Gillams groups Coordinator

## **Trips**

Ann Fleet is arranging some trips for 2023 – 07761468608 or [annfleet60@outlook.com](mailto:annfleet60@outlook.com)

## **We need your help**

We would like to hear from anyone who would be willing to contribute to the Committee or this u3a in some way. We particularly need a Speaker Finder and Refreshments Coordinator. This organisation can only continue to be a success if people are willing to come forward to help. Thank you.

## **Dorset Council**

Regularly publishes bulletins for residents (you can sign up to receive them directly). You may find these recent ones of interest.

Cost of living support. <https://rb.gy/8tvro>

News from the Dorset AONB. <https://rb.gy/1v4pq>

## **Covid**

\*\*\***Health news including Spring Covid booster offer** <https://rb.gy/gtnyp>

Public Health Dorset (PHD) <https://www.publichealthdorset.org.uk/your-health/protecting-your-health/latest-updates-on-covid-19-in-dorset>

## **Contacts:**

Membership Secretary: Jacqueline Pettitt - [membership@lru3a.org](mailto:membership@lru3a.org)

Treasurer: Alex Ruck - [treasurer@lru3a.org](mailto:treasurer@lru3a.org)

Groups' Coordinator: Mark Gillams - [groups@lru3a.org](mailto:groups@lru3a.org)

Secretary: Yvonne Renouf – 01297 442847 - [secretary@lru3a.org](mailto:secretary@lru3a.org)

Publicity: Rachel Jordan – [publicity@lru3a.org](mailto:publicity@lru3a.org)

David Ruffle: davidruffle@hotmail.com - 07827 925878

Webmaster: John Marriage - [webmaster@lru3a.org](mailto:webmaster@lru3a.org)

Printed newsletter: John Marriage - [webmaster@lru3a.org](mailto:webmaster@lru3a.org)

Editor u3a4u: Elaine Taylor - [editoru3a4u@lru3a.org](mailto:editoru3a4u@lru3a.org)

Trips: Ann Fleet - 07761468608 - [annfleet60@outlook.com](mailto:annfleet60@outlook.com)

Membership Advisor: Mary Bohane – [mem-advisor@lru3a.org](mailto:mem-advisor@lru3a.org) - 01297 444566

Technical Support: Heather Britton – 07802 797427

Monthly newsletter: Rachael Pope - 01297 445575 - [rachaelpope1@outlook.com](mailto:rachaelpope1@outlook.com)

Chair: Richard Doney – [chair@lru3a.org](mailto:chair@lru3a.org)

Refreshments coordinator: Vacancy

Vice-Chair: Vacancy

Speaker Finder: Vacancy – [speaker-finder@lru3a.org](mailto:speaker-finder@lru3a.org)

**Links:**

Lyme Regis u3a website - <https://www.lymeregisu3a.org/>

National u3a website - <https://www.u3a.org.uk/>

National u3a Newsletter - <https://u3a.org.uk/newsletter>