

## **Lyme Regis u3a Newsletter – June 2023**

### **Talks**

The talks are at Woodmead Halls. We will not be providing refreshments. The seating will be limited due to the need for social distancing. Please do not attend face to face meetings if you have any Covid/flu symptoms. Please feel free to wear a mask if you wish to.

### **June 2023:**

#### **Friday 9 June 11.00 am: Sheena Dearness**

Sheena will talk about her novels set in post war Dorset as well as giving tips on writing and publishing. Sheena has published magazine articles, written two anthologies of short stories and run Writing for Fun and Memoir sessions. She now lives near Weymouth but comes from the Orkney Islands originally. Dorset's rolling hills, cliff-tops and the sea frequently remind her of those islands.

#### **Friday 16 June 10.00 am: Science & Technology – Richard Doney - Fly Me To The Moon (and back preferably)**

Friday 7 July 11.00 am: TBA

Friday 14 July 10.00 am: Science & Technology - Charlotte Bacon - Let The Water Flow

### **Membership**

For membership queries (including your membership number) please do not hesitate to contact me at [membership@lru3a.org](mailto:membership@lru3a.org) Jacqueline Petitt - Membership Secretary.

### **Informal Drop-in – NEW VENUE – back to the Pilot Boat**

We are now back at the **Pilot Boat** in Lyme Regis on the last Thursday of the month at the new time of **11.00 am**. The next Drop-in is on Thursday 29 June 2023. The Drop-in is open to everyone and if you want to come, just turn up.

For more details contact Rachael Pope on [rachael pope1@outlook.com](mailto:rachael pope1@outlook.com) or 01297 445575 or Ann Fleet on 07761468608 or [annfleet60@outlook.com](mailto:annfleet60@outlook.com)

### **Breakfast – NEW VENUE - Tom's**

We are now meeting at Tom's restaurant on the Lyme Sea Front on the first Saturday of the month at the normal time of 9.30 am. The next u3a Breakfast is Saturday 3 June 2023. The Breakfast is open to everyone and if you want to come, just turn up. The breakfast choices will cost £6-12.00. Everyone is welcome. On this first occasion Tom's would appreciate knowing numbers so if you have not already done so, please let me know if you intend to come. Thank you

For more details contact Rachael Pope on [rachael pope1@outlook.com](mailto:rachael pope1@outlook.com) or 01297 445575

## **Group Leaders**

Please remember that you need to be happy with any contact details going public as this newsletter goes on the website.

Group Leaders are reminded to let Mark the Groups Coordinator know if there are any changes to the membership of their groups.

## **Group News**

The demand for group places continues to outstrip supply. Hence we would ask that any member who wishes to share their enthusiasm for any topic with like-minded individuals contacts Mark Gillams at [groups@lru3a.org](mailto:groups@lru3a.org). Mark will be happy to provide advice and support with setting up a new group.

I am delighted to report that both of our newest groups held their inaugural sessions this month.

Walking 3 completed their first walk and will now meet on the 1st and 3rd Thursdays each month. The Group Leader is Yvonne Marsh

Circle Dancing held their first taster session and will now meet every Monday afternoon at the Pine Hall of the Lyme Regis Baptist Church. Group Leader is Christina Baines.

Garden Lovers Group have two visits arranged for June:

Breach, Shute Rd, Kilmington, Axminster EX13 7ST Monday, 12 June at 2pm

Contact Gill Steinberg ([gillsteinberg45@gmail.com](mailto:gillsteinberg45@gmail.com) or 01297 445072)

Pugin Hall, Rampisham (nr Dorchester) DT2 0PR Friday, 23 June at 2pm

Contact Val Doney ([vjdoney@gmail.com](mailto:vjdoney@gmail.com) or 01297 442148) Travel to the gardens will be by car.

A survey earlier this month of Group leaders indicated that the following groups have spaces for additional members:

Badminton Group leader Janet Moyes

Canasta Group leader Val Penn

Chigung Group leader David Edwards

Circle Dancing Group leader Christina Baines

Current Affairs Group Leader Gilbert Bland

French for fun Group leader Kay Luckraft; German Group leader Kay Luckraft

Rare Book Club Bob Speer

Scottish Dancing Group leader David Acland

Snooker Group leader Keith Barfoot

Table Tennis Group Leader Brian Watson

Walking 1 Group leader Sue Wilson (Walking group 1 are energetic and enthusiastic walkers who cope with the local terrain. Members must be prepared to take their turn and lead a walk.)

Walking 2 Group leader Marion Richardson (This group walks at a good pace and most of our walks encounter rough ground and mud. Part of the walks are always uphill.)

For further information please see our website [lymeregisu3a.org](http://lymeregisu3a.org), contact the group leader or contact myself.

An update of the website is ongoing at present. If any group member is aware of any errors or omissions or would like to enhance a group webpage in any other way please let your group leader or myself know. Mark Gillams groups Coordinator

### **Trips**

Ann Fleet is arranging some trips for 2023 – 07761468608 or [annfleet60@outlook.com](mailto:annfleet60@outlook.com)

### **We need your help**

We would like to hear from anyone who would be willing to contribute to the Committee or this u3a in some way. We particularly need a Speaker Finder and Refreshments Coordinator. This organisation can only continue to be a success if people are willing to come forward to help. Thank you.

### **Dorset Council**

Regularly publishes bulletins for residents (you can sign up to receive them directly). You may find these recent ones of interest.

Cost of living support. <https://rb.gy/8tvro>

News from the Dorset AONB. <https://rb.gy/1v4pq>

### **Covid**

\*\*\*Health news including Spring Covid booster offer <https://rb.gy/gtnyp>

Public Health Dorset (PHD) <https://www.publichealthdorset.org.uk/your-health/protecting-your-health/latest-updates-on-covid-19-in-dorset>

### **Contacts:**

Membership Secretary: Jacqueline Petitt - [membership@lru3a.org](mailto:membership@lru3a.org)

Treasurer: Alex Ruck - [treasurer@lru3a.org](mailto:treasurer@lru3a.org)

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Refreshments coordinator: Vacancy

Vice-Chair: Vacancy

Speaker Finder: Vacancy – [speaker-finder@lru3a.org](mailto:speaker-finder@lru3a.org)

**Links:**

Lyme Regis u3a website - <https://www.lymeregisu3a.org/>

National u3a website - <https://www.u3a.org.uk/>

National u3a Newsletter - <https://u3a.org.uk/newsletter>