

Lyme Regis u3a Newsletter – May 2023

Talks

The talks are at Woodmead Halls. We will not be providing refreshments. The seating will be limited due to the need for social distancing. Please do not attend face to face meetings if you have any Covid/flu symptoms. Please feel free to wear a mask if you wish to.

May 2023:

Friday 12 May 11.00 am: David Boag – Nature’s marvels

David is a wildlife photographer and has published 18 books - sometimes about specific species but often about wildlife habitats. He lectures throughout the country and has logged over 500 nights at sea as a cruise ship speaker. Although he works mainly on major commissions, his photographs are marketed worldwide and so he has travelled throughout Europe, Australia, Africa and America.

We are surrounded by a wonderful world and every day we see marvels of nature. However, many marvellous things can become so familiar that we stop appreciating them! A wealth of beautiful and interesting things are illustrated with his camera and David’s enthusiasm brings them all to life.

Friday 19 May 10.00 am: Science & Technology - David Croman of Bridport u3a on Erasmus Darwin and the Lunar Society

Friday 9 June 11.00 am: TBA

Friday 16 June 10.00 am: Science & Technology TBA

Membership

For membership queries (including your membership number) please do not hesitate to contact me at membership@lru3a.org Jacqueline Petitt - Membership Secretary)

Thank you

John Bartholomew has finally decided to retire from arranging theatre trips for this and other u3a’s. We would like to say a very big thank you to John for the many very successful trips over many years including the Edinburgh Festival. He also had a number of other roles including, Vice-Chair, Acting Chair, Christmas Quiz Master and also led the Opera Appreciation group.

We still need your help

We are delighted that five new people have now come forward to help on the committee. Richard Doney (Chair), Rachel Jordan (Publicity), David Ruffle, Fran Barter and Steve Miller is the Treasurer Designate, ready to take over from Alex Ruck when he comes to the end of his three year term. We would still, however, like to hear from anyone else who would be willing to contribute to the Committee or this u3a in some way. We particularly need a Speaker Finder and Refreshments Coordinator. How about a man to organise the refreshments?

This organisation can only continue to be a success if people are willing to come forward to help. Thank you.

Informal Drop-in

We are now meeting at the Rock Point in Lyme Regis on the last Thursday of the month at 10.00 am. The next Drop-in is on Thursday 25 May 2023. The Drop-in is open to everyone and if you want to come, just turn up.

For more details contact Rachael Pope on rachael pope1@outlook.com or 01297 445575 or Ann Fleet on 07761468608 or annfleet60@outlook.com

Breakfast

We are now meeting at the Rock Point in Lyme Regis on the first Saturday of the month at 9.30 am. The next u3a Breakfast is Saturday 6 May 2023. The Breakfast is open to everyone and if you want to come, just turn up. Continental breakfast (£5.00 excluding drinks) and cooked (£10.00 or £6.00 excluding drinks). There are 7 choices of cooked breakfast.

For more details contact Rachael Pope on rachael pope1@outlook.com or 01297 445575

Group Leaders

Please remember that you need to be happy with any contact details going public as this newsletter goes on the website.

Group Leaders are reminded to let Mark the Groups Coordinator know if there are any changes to the membership of their groups.

Group News

The demand for group places continues to outstrip supply. Hence we would ask that any member who wishes to share their enthusiasm for any topic with like-minded individuals contacts Mark Gillams at groups@lru3a.org. Mark will be happy to provide advice and support with setting up a new group.

Canasta group vacancies.

The Canasta group meets at Charmouth Library at 14:15 on the 2nd and 4th Fridays of each month. It is a long standing group that now has a number of vacancies for anyone who wishes to play. Canasta is a card game that can be played by 2, 3 or 4 people so everyone can play regardless of the number of people that turn up to each session.

Beginners will be taught the rules of the game often on a one to one basis. The rules are relatively easy to understand and after a couple of practices most people are ready to play. Experienced players are of course also welcome to join.

For further information please contact Valerie Penn on 01297 560717 or vpenn231@gmail.com

Snooker group news and vacancies

The Snooker group now meets twice a week. There is an informal get-together at the Royal Lion in Lyme Regis from 3pm on Tuesdays and a more formal session from 3pm on Fridays at the Colyton Memorial Social Club which has two very nice tables.

There are vacancies for the Tuesday sessions. To find out more please contact Keith Barfoot on 01297 552474 or on keith@staplethorne.co.uk.

Smart Phone Group

It would be good if we could find a couple of extra people for this suggested group.

One way in which this group could work is for the group to learn about one particular aspect of a smart phone, for example, at one of the Dorset Digital Champion sessions that are held regularly in various locations around our area. The group would then practice the skills they had just acquired on each other. When they are ready to do so the group attends another session and so on until they feel they are confident with their smart phones.

To become part of this new group please contact Mark Gillams on groups@lru3a.org.

Jazz Appreciation Group

Heather Britton is standing down as leader of this group. If anyone is interested in arranging trips to Jazz events or listening and discussing jazz recordings with a group of similarly minded jazz fans please contact Heather on 07802 797427 or Mark Gillams on groups@lru3a.org.

More group ideas

The enthusiastic demand for places with the third walking group indicates that there could well be a demand for other gentle exercise groups. Ideas for such groups include walking netball, walking cricket, walking hockey, pickleball and so on. For more information on these and other walking sports please see <https://www.justgetactive.co.uk/get-involved/walking-sports/>. Please let me know what appeals to you and we will see where we go from there.

Trips

Ann Fleet is arranging some trips for 2023 – 07761468608 or annfleet60@outlook.com

Looking for volunteers

Lyme Regis Community Support are working to establish a voluntary car service for the Lyme Regis area. If the service gets off the ground, it will be of real benefit to some members. The first step is to secure a pool of volunteer drivers. Being a volunteer driver may appeal to you. This is what LR Community Support have said:

YOUR COMMUNITY NEEDS YOU! VOLUNTEER DRIVERS NEEDED - Lyme Regis Community Support is now hoping to launch a voluntary car service for the Lyme Regis area in 2023, helping residents get to medical appointments or taking them on shopping trips, etc. saving petrol by helping people to get together to access appointments.

We are currently looking for volunteer drivers and co-ordinators to help take this project forward. If you would be interested in volunteering for the car service or indeed to volunteer on Community Support please contact Cheryl Reynolds on 07796074849 or E Mail: cherylreynolds1947@gmail.com

Dorset Council

Regularly publishes bulletins for residents (you can sign up to receive them directly). You may find these recent ones of interest.

Cost of living support. <https://rb.gy/8tvro>

News from the Dorset AONB. <https://rb.gy/1v4pq>

Covid

***Health news including Spring Covid booster offer <https://rb.gy/gtnyp>

Public Health Dorset (PHD) <https://www.publichealthdorset.org.uk/your-health/protecting-your-health/latest-updates-on-covid-19-in-dorset>

Contacts:

Membership Secretary: Jacqueline Petitt - membership@lru3a.org

Treasurer: Alex Ruck - treasurer@lru3a.org

Groups' Coordinator: Mark Gillams - groups@lru3a.org

Secretary: Yvonne Renouf – 01297 442847 - secretary@lru3a.org

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Trips: Ann Fleet - 07761468608 - annfleet60@outlook.com

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Technical Support: Heather Britton – 07802 797427

Monthly newsletter: Rachael Pope - 01297 445575 - rachael pope1@outlook.com

Chair: Richard Doney – chair@lru3a.org

Refreshments coordinator: Vacancy

Vice-Chair: Vacancy

Speaker Finder: Vacancy – speaker-finder@lru3a.org

Links:

Lyme Regis u3a website - <https://www.lymeregisu3a.org/>

National u3a website - <https://www.u3a.org.uk/>

National u3a Newsletter - <https://u3a.org.uk/newsletter>