

## **Lyme Regis u3a Newsletter – September 2022**

### **Talks**

The talks are at Woodmead Halls. We will not be providing refreshments. The doors will be open from 10.30 am. The seating will be limited due to the need for social distancing. Please do not attend face to face meetings if you have any Covid symptoms. Please feel free to wear a mask if you wish to.

### **September 2022:**

#### **Friday 9 September 11.00 am: Dr Bygrave - Forde Abbey and gardens**

Dr Bygrave, manager of the nursery for the past 22 years, will present the story of the evolution of the Abbey gardens over three centuries. The award winning garden of 30 acres includes wildflower meadows, ponds, bog garden, rock garden, herbaceous borders and an arboretum. A botanist and plant collector, Dr Bygrave has an encyclopedic knowledge of gardens and gardening. Do you have any questions to challenge him?!

Non-members of the u3a are welcome for a donation of £2.



#### **Friday 16 September 10.00 am: Science & Technology – Steve Coles – Our Microbiome**

### **October 2022:**

Friday 14 October 11.00 am: Pam Vass - Suffragettes in the South West

Friday 21 October 10.00 am: Science & Technology – Ray Helm - Technical developments in the world of humanitarian aid.

## **Covid**

Public Health Dorset (PHD) <https://www.publichealthdorset.org.uk/your-health/protecting-your-health/latest-updates-on-covid-19-in-dorset>

[Simple summary - Lyme Regis, Charmouth & Marshwood Vale | Coronavirus in the UK \(data.gov.uk\)](#)

## **Membership**

Please could all Group Leaders remind their current group members of the need to pay their membership fees for 2022.

For any membership queries contact Jacqueline Petitt - [membership@lru3a.org](mailto:membership@lru3a.org)

## **Thank you**

A big thank you to John Marriage for his 10 years of leadership of the Science and Technology Group (SciTec). Well done to Richard Doney for taking on that role. We look forward to many more challenging, sometimes brain hurting, interesting talks.

## **We need your help**

**Vacancies:** Chair, Vice-Chair, Publicity, Meet and Greet and Refreshments team. Three people have come forward to help with refreshments, but we still need someone willing to coordinate. Covid allowing we aim to provide refreshments for the first time at the next Meet the Team Leaders event on Friday 28 October at the Uplyme Village Hall.

This organisation can only continue to be a success if people are willing to come forward to help. Thank you.

## **Hybrid meetings - combining face to face and online attendance**

The committee is aware that online meetings will be preferred by some parts of our membership particularly in the winter months. Other members have a preference for face to face meetings. The ideal solution is to combine the two into a hybrid meeting. The committee is seeking advice from any member who has experience or the knowledge to advise the committee on what organisation and what equipment is required to run hybrid meetings from the Woodmead Halls. Hybrid meetings may have a speaker in the hall or may have a speaker online.

If anyone can provide this advice please contact Mark Gillams at [groups@lru3a.org](mailto:groups@lru3a.org) to discuss this further. Thank you.

## **Informal Drop-in**

We meet at the Pilot Boat in Lyme Regis on the last Thursday of the month at 10.00 am. The next Drop-in is on Thursday 29 September 2022. Contact Rachael Pope on [rachael pope1@outlook.com](mailto:rachael pope1@outlook.com)

or 01297 445575, or Ann Fleet [annfleet60@outlook.com](mailto:annfleet60@outlook.com) or 07761 468608. The Drop-in is open to everyone and if you want to come, just turn up. Tea and Coffee will be £1.50 a cup.

### **Breakfast**

We meet at the Pilot Boat in Lyme Regis on the first Saturday of the month at 9.30 am. The next u3a Breakfast is on Saturday 3 September 2022. The breakfast is open to everyone and if you want to come, just turn up.

There are two breakfasts available. A smaller breakfast with one of everything (£7.50) and the larger breakfast with two of everything (£12.00). Tea and Coffee will be £1.50 a cup.

For more details contact Rachael Pope [rachael pope1@outlook.com](mailto:rachael pope1@outlook.com) or 01297 445575

### **Group Leaders**

\*\* Please could all Group Leaders remind their existing group members of the need to pay their membership fees for 2022. Thank you.

Please remember that you need to be happy with any contact details going public as this newsletter goes on the website.

Group Leaders are reminded to let Mark the Groups Coordinator know if there are any changes to the membership of their groups.

### **Group News**

The demand for group places continues to outstrip supply. Hence we would ask that any member who wishes to share their enthusiasm for any topic with like-minded individuals contacts Mark Gillams at [groups@lru3a.org](mailto:groups@lru3a.org). Mark will be happy to provide advice and support with setting up a new group.

#### **Brand New Creative Writing Group**

There has been a good response to last month's announcement about the New Creative Writing Group. Is anyone else interested in joining this exciting group?

Is anyone interested in joining a creative writing group? I am new to U3A but would like to start a group for novice or more experienced writers to get together for exchange of ideas and encouragement. I envisage it being like a 'book group' model, with a different vague topic every month, which people can interpret however they like and share (or not) with the group. I thought it might be fun to also arrange some trips for local literary festivals, which I have found quite inspiring in my writing journey. I am quite happy to host here in Beer, or we can make a decision about premises or rotating around different homes, after we meet for the first time. As far as frequency goes, perhaps monthly at first, on a Tuesday during the day, but more frequently if we love it! Contact Lesley Smith [l.j.smith@btinternet.com](mailto:l.j.smith@btinternet.com) to register your interest.

#### **Garden Lovers**

The following visit is planned for September.

**1 Pine Walk, Lyme Regis DT7 3LA - Tuesday 6 September at 3pm**

½ acre garden above Lyme Bay, adjoining NT's Ware Cliffs. Abundantly planted with an exotic range of shrubs, cannas, gingers and magnificent ferns. Also staggering succulents and late summer colour explosion featuring drifts of salvias, dahlias, asters, grasses and rudbeckias. Further information from Merry Bolton (01297 443334 or merrylymeregis@gmail.com)

### **SciTec**

John Marriage has run this highly popular group for more than a decade. The group was founded by John in 2012. Richard Doney has taken over as Group Leader and its next two meetings are:

16 September 2022 10.00 am: Steve Coles – Our Microbiome

21 October 2022 10.00 am: Ray Helm - Technical developments in the world of humanitarian aid

The group has a new email address [LRU3ASciTech@gmail.com](mailto:LRU3ASciTech@gmail.com)

The website can be found at <https://www.lymeregisu3a.org/scitec.html>

### **Trips**

Ann Fleet is arranging some trips for 2022 – 07761468608 or [annfleet60@outlook.com](mailto:annfleet60@outlook.com)

### **Theatre trips 2022 - Crewkerne, Lyme Regis and Bridport U3A`s**

#### **MAYFLOWER THEATRE SOUTHAMPTON**

Friday October 14<sup>th</sup> at 2.30 pm `The Lion King`

Assuming a party of 35: Tickets £65 Cheapest available; it`s very popular. Coach £14

Pick ups in Lyme Regis 10.15 Bridport 10.35 arriving in time to have lunch

Contact John Bartholomew [jdbart45@gmail.com](mailto:jdbart45@gmail.com)

### **Contacts:**

Membership Secretary: Jacqueline Petitt - [membership@lru3a.org](mailto:membership@lru3a.org)

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Vice-Chair: Vacancy

Publicity: Vacancy

Chair: Vacancy

**Links:**

Lyme Regis u3a website - <https://www.lymeregisu3a.org/>

National u3a website - <https://www.u3a.org.uk/>

National u3a Newsletter - <https://u3a.org.uk/newsletter>