

MAKE CONTACT
MAKE FRIENDS
KEEP LEARNING

u3a4u

Autumn 2022



u3a Lyme
Regis
learn, laugh, live

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Letter from the Committee

The talks, trips and the many groups continue. The Committee and other people in a variety of roles continue to work on behalf of all the members. A big thank you to all those who contribute. We do however still need people to volunteer for the Chair role, Vice Chair, Publicity and Coordinator for the refreshments.

We are sure all of you want to see this u3a continue to flourish. That means more people being willing to step forward to help.

Thank you

The Committee



Committee Members made presentations to Mary Bohane and Rachael Pope, to thank them for their years of service to Lyme u3a, as they leave their posts.

Monthly Meetings and Talks

Since April, Zoom meetings have been replaced by in-person sessions at the Woodmead Hall once again. A varied range of topics has attracted an equally varied number of attendees. Most popular was Maggie Davidson's presentation on hill forts which was enjoyed by a full house of 90 people, including quite a few non-members. Another local subject, the history of Marshwood Vale explained by Bob Machin, similarly was of broad interest. Unfortunately, the gloriously hot weather probably deterred many members from appreciating the superb wildlife photography presented by David Bailey in August.

Your Committee has decided to continue in-person meetings during the winter, unless the infection rate becomes alarming. The programme to look forward to includes an illustrated account of the 900-year history of Forde Abbey in September, followed by the story of the Suffragettes in October. The latter will be presented by Pam Vass who has researched the subject, with a focus on activities in the south-west, and published a book, *Breaking the mould: the story of the suffragettes in North Devon*.

In November, in 'My TV Times - 40 years behind the scenes', locally based film-maker Eric Harwood will tell us about some of the famous people he has encountered during his career, which most recently included Ken Dodd and his legacy in Knotty Ash.

The *Mary Rose* will be the focus of attention in December, followed by the 'Art of the Picture Postcard' in January and the Southwest Airfields Heritage Trust in February.

Please let me know (speaker-finder@lru3a.org) if you can recommend good presenters or would like a particular subject covered.

Reminders

Informal Drop-in

We meet at the Pilot Boat in Lyme Regis at 10.00am on the last Thursday of the month. For information, email Rachael Pope at chair@lru3a.org or phone 01297 445575. Alternatively, email Ann Fleet at trips@lru3a.org or phone 07761 68608. The Drop-in is open to everyone; if you want to come, just turn up! Tea and coffee will be £1.50 a cup.

Breakfast

The u3a Breakfast is on the first Saturday of the month at 9.30am at the Pilot Boat in Lyme Regis. The breakfast is open to everyone and again, if you want to come, just turn up. There are two breakfasts available: a smaller breakfast with one of everything (£7.50) and a larger breakfast with two of everything (£12.00). Tea and coffee will be £1.50 a cup. For more details contact Rachael Pope at chair@lru3a.org or phone 01297 445575.

Theatre Trips

Crewkerne, Lyme Regis and Bridport u3a's PROPOSED THEATRE TRIPS 2022

Mayflower Theatre Southampton

Friday October 14th at 2.30pm. *The Lion King*.

Assuming a party of 35 – Tickets: £65 (cheapest available; it's very popular!), Coach: £14.

Pick-ups: Lyme Regis at 10.15am, Bridport at 10.35am.

Arrive Southampton in time to have lunch or BYO.

John Bartholomew

Trips

The Exeter Canal Cruise on 19th September is now fully booked.

Trips do get booked up quite quickly so when future trips are advertised, please make sure that you sign up as soon as possible in order to avoid disappointment.

Arts and Crafts

Back in February an eager group of, well, it happened to be ladies, met for a coffee. They had not met as a group before and, whilst one or two knew each other, as a whole they were simply hopeful of making new acquaintances who shared a common theme. Each of them liked to be creative, liked to dabble with paint, thread, glue or wool and at once there was friendly conversation. A new Lyme Regis u3a group had been formed – **Crafty Chatter!**

Meetings have been held each month on the 2nd Monday afternoon at Hallett Community Hall. There is no tuition; we all bring our own projects to work on. There has regularly been painting, sewing, embroidery, crochet and knitting and, on one occasion, we enjoyed experimenting with lino cutting. As long as we can carry it, we bring it.

The hall is light and inviting with tables, comfy chairs and, most importantly, a kitchen! The projects are worked on, the admiration for our respective works is given freely, the chat flows and we share a cuppa and biscuits halfway through the afternoon. Although there are no structured lessons, we are all willing to share our knowledge and skills.

Many thanks from the Crafty Chatters to Jayne Avery for her inspiration to set up the group and her continuing leadership.

Jacqueline Pettitt

How Scottish Country Dancing Survived and Thrived

Lockdown stopped Scottish dance meetings in UK in March 2020. However, within weeks dancers were pushing back furniture and clearing their kitchens for virtual classes organised by the Royal Scottish Country Dance Society (RSCDS). There was great excitement amidst the general gloom, as hundreds of dancing friends from around the world logged on for a half-hour class on Wednesday evenings, UK-time. The best teachers and well-loved musicians stepped forward. During the next few months Scottish dancers stretched the technology and themselves. *Dance Scottish at Home* became a popular spin-off blog with articles, competitions and crosswords, supported by highly innovative music-making.

Ultimately though, this was just not as good as the real thing. It was also highly stressful for the teachers, who received much less feedback from dancers than normal. Teachers could not spot a problem and fix it. Scottish dancing, like all folk dancing, brings joy to the dancers through a combination of rhythm, touch, teamwork,

playfulness and exuberance. Many of these were missing when dancing solo in the kitchen. We looked on in envy as other groups continued to dance together. The New Zealand dancers were tactfully quiet; elsewhere groups closed, re-opened briefly, only to close again in the winter of 2020/21.

The Germans and Austrians were disciplined and organised. Their 3Gs, “Geimpft, Genesen oder Getestet”, meaning “Vaccinated,

recovered or tested” became the basis of their strategy. Individuals received QR codes recording their Coronavirus status to load into an app on their phone. This meant that shops, bars and restaurants

A 90th Birthday Dance in Uplyme Village Hall



could screen customers on entry. It was a small step for Scottish dance clubs to do the same.

We started dancing again in the south-west in summer 2021. We could not quantify the risk and did not know if we would be able to keep going. However the Lyme u3a group, and clubs in Chardstock, Bridport and Exeter, met more or less as usual throughout the winter. With a little anxiety at first, we used lots of hand gel, kept windows open and limited refreshment and washing up.

Dancing a strathspey, unique to Scottish Country Dancing

Seven dancers of Lyme u3a took the plunge for the first post-Covid meeting on 27th September as we met at Woodbury Community Hall near Axminster to dance without masks. This felt a little radical when most people were wearing masks in public buildings.



Some groups met with face coverings but that did not last. In folk dancing we look at others in the set and expect to see responsive faces. Although eye contact was possible, with the lower face covered dancers did not get the reward of the all-important smile.

Any dancing takes practice and memory. There is muscle memory, which comes from repetition; there is short term memory, as in Kim's game or pelmanism; and there is long-term memory, such as remembering a poem. In set dancing you employ all three. In Scottish country dances, couples progress up and down the set.

Dancers need to remember the sequence of 4 or 5 formations and apply them to their individual position in the set for each repeat. Each dancer takes a different track in each repeat of the dance. The most common dances contain 4 phrases of 8 bars each, and many are formed by 8 repeats of these 32 bars. This comes naturally to digital natives. At the end of the 20th century, on-line databases were developed to contain dance descriptions in words and diagrams, complemented with links to video recordings. These are a fantastic resource for learning dances.

Part of the thrill is facing down the anxiety that you might mess up the dance. However this is a co-operative activity and successful completion of the dance is a joy for all so there is a strong incentive to help others with route and timing. And this teamwork extends to all sets on the floor. There are joyful moments when most dancers, and very occasionally all dancers, are all moving in the same direction. Dancers offset the chance of feeling silly with the far greater reward from the enjoyment of the dance. We feel the fear and do it anyway. And so it was coming out of COVID. We analysed the risk, took what precautions we could and returned to the dance.

The international aspect of Scottish Country Dance (SCD) needs a little explanation. There is a rich legacy of Scottish tunes, many composed by the likes of Nathaniel and Neil Gow, and John Scott Skinner. Scotsmen and women took their dancing heritage across the world in the 18th and 19th centuries. As folk dancing was eclipsed by new dance styles in the 20th century, SCD received a serendipitous boost from the Girl Guide movement. The Guide Commissioner for Argyll believed that Scottish girls should perform Scottish dances for their Dancing badge and so, in 1923, a society was formed to collect and publish Scottish dances. This has led to a series of publications which are the bedrock of SCD.

The enlightened publisher insisted that the correctness of dances be verified. This meant that accuracy and precision is at the heart of

SCD. So wherever Scottish dancers meet, anywhere in the world, they can join the dance. The RSCDS has overseen the standardisation of formations and steps through the qualification of teachers and the upkeep of a manual.

The annual Summer School returned to St Andrews this year after a break of a couple of years. Sadly the Newcastle Festival held over a weekend in February has folded. However Newcastle has left a legacy of exceptional video recordings demonstrating the highest standards of technique and teamwork. This leaves an opening for another group of enthusiastic and talented dancers to take up the baton. I would look to Germany where Scottish dance is thriving.

David Acland

Scottish dancing class at Woodbury Community Hall on a frosty morning.



Walking Group 1

We welcome new members to our Monday Walking Group to explore this wonderful part of the south-west - such variety with amazing views of land or sea. We meet fortnightly for a walk of 4-6 miles at a location chosen by the leader within 10-15 miles of Lyme Regis. Members take it in turns to be leader and are encouraged to lead a walk usually twice a year.



This photo was taken under a Giant Sequoia on a local walk! Do you know where it is? Do join us. We are having an August break and start again on September 12th.

For details please contact Sue Wilson on 01297 444606 or email sue.wilson44@outlook.com.

Sue Wilson

French for Fun

The group has continued to meet fortnightly (despite Covid and other problems) usually meeting on 'Zoom'. We have enjoyed looking at a variety of things, including French articles (accompanied by sound-tracks or videos) on topics as diverse as Monet's Water lilies, the life of Joséphine Baker, and 'How to run a château!' We sometimes play games or just chat about what we have been doing (mainly in French, of course.)

We enjoyed finishing the session in July with our spouses at a garden party with a French flavour, from vol-au-vents and pissaladière to tarte tatin and cheese, all washed down with a glass of 'je-ne-sais-quoi'!

German Group

We are a small, friendly group who have enjoyed meeting up, sometimes reading articles together on topics ranging from the sights of Berlin to the history and celebration of 'Walpurgisnacht' (a traditional festival similar to Halloween.) We have also played games or just talked about our favourite places in Germany, Austria and Switzerland.

We will be resuming in mid-September and would be glad to welcome anyone with a reasonable knowledge of German (intermediate level) who would like to join us. We meet on alternate Tuesday afternoons at the Group Leader's house (tel: 01297 599416).

Both groups reported by Kay Luckraft

The history and progress of JJ66, the wheelchair bed

In January 2018 my then partner, John, woke up saying he didn't know where his arm was. He felt that he should ring the GP for an appointment as his father had had several mini-strokes before dying at the age of 84. John was 66 and in good health. The GP surgery suggested we went to A&E, which we did, arriving about 11ish, thinking that we would return with paracetamol. This didn't turn out to be the case. John was admitted to hospital and, ten days later, was diagnosed with terminal brain cancer.

We didn't feel devastated, just weird, and we continued to feel like that. For the first two weeks we managed on our own but within a few days John couldn't go upstairs. One night I made him a bed on the settee in the living room but his legs gave way whilst he was in the kitchen. After trying and failing to get him the few feet from the kitchen to the lounge, he told me to ring for an ambulance. This was at 10.20pm. They asked if he was safe as they couldn't get to us until about 8am. Eventually, after a couple of hours, I got him those few feet to the settee.

The next week was extremely exhausting. We eventually got a hospital bed, hoist and commode, with carers arriving each morning to help get John washed and dressed. We knew even at that stage that he had the choice of being either in a bed or a chair all day. John chose bed as already he felt too tired to be up for long. Fortunately he had very little pain, although sadly this became the topic whenever professionals came to meet him. I tried to encourage chat about the outside world that he now had very limited access to. John's illness made getting him out extremely difficult. We married a few weeks after he was taken ill and were taken in a private ambulance with a wonderful crew. The June wedding we'd secretly planned just before he was taken ill was dashed but what we had was lovely in its way. Family and friends were devastated but, as I said earlier, John and I just thought it was weird.

I used to bash my ankle on the brake on the bed when I walked from

From top to bottom:

- Workable height for a carer
- Maximum bed profiling capability
- Patient transition from the bed while profiled
- Carer preparing to move the wheelchair



the living room to the kitchen and I told the carers to leave it off and that I would push John away from the wall. What we needed was a bed which could separate off as a wheelchair with John in it so that he could go out through the front door, or into the garden. John said, “You’ll have to do it” and that’s what I’ve tried to do.

On 31st October 2019. I emailed Professor Julian Booker, an engineering Professor at Bristol University and told him about my ideas. He replied within 4 hours saying that he was on Sabbatical but was interested in meeting up in the new year. We met in January 2020 and his interest level increased dramatically over the next few months. On 12th November 2020 Julian emailed saying, “Good news - I have a group to undertake the project. It starts 1st February. I will be providing them the outline for the project and background reading soon, including your letter.”



I was so excited; within a year I had reached that far. The students completed their work by May 2021 and immediately agreed in principle to sign the intellectual property to me as they knew that all I wanted was for it to be made and not to benefit from it financially. They couldn’t do a prototype because of Covid. During the next months I found people everywhere who knew someone who could have a better life if they had JJ66 (the only thing I insisted on was that it was dedicated to John and the report in Bristol Library says that it will be forever known as JJ66).



Bristol didn’t seem to be interested in progressing



JJ66 but seeing and experiencing a desperate need made me want to push on and so in April 2022 I decided to approach Birmingham University, my late father having been Finance Officer there. I contacted the Vice Chancellor to say JJ66 just needed to be made. Amazingly, within a day I was contacted by Matthew Campbell Hill, an athlete and health tech consultant. We met 3 weeks later and talked about where to go next. The students had already agreed but getting a formal written agreement took a little while as Bristol University said they had no formal way of detaching it from the university who owned the intellectual property rights. Eventually however, I got a signature - I refused to be in a Catch-22 situation.

As with many good things in life, sometimes they can take an excruciating length of time to happen. During my journey many people have talked about Patents and the “Dragon’s Den” but to be a people’s project to me means exactly that. Of course money is needed for a prototype and its production but for so many people time is of the essence.

John died on 12th May 2018. His illness was short and fortunately painless; many people are not so lucky. They need JJ66 now and I will take the risks. I only hope that no-one tries to use JJ66 in a way that prevents the masses from benefitting from it, otherwise they will have me, and the national and international press, to contend with!

Rachel Jordan [Rachel Bramble]

Groups

Key details of each group are given below. The groups are divided into five categories namely: **Exercise**, **Knowledge**, **Languages**, **Skills**, and **Social**. The final table lists activity by day of the week, where the day is known.

It would be great if we could have a few more groups. Why not develop a passion, satisfy your curiosity and follow your instinct to fill a gap in your knowledge or master a skill you wish you had? Anyone who thinks that they may wish to run a group to share their interest, curiosity or passion in any area is invited to contact **Mark Gillams** on groups@lru3a.org for information or a chat.

EXERCISE

Exercise	Day	Time	Place	Contact
Badminton	Monday	5.00pm	The Hub, Lyme Regis	Janet and Mike Moyes via groups@lru3a.org
Chi Gung (Qigong)	Tuesday	5.30pm	St Michael's Church Hall, Lyme Regis	Dave Edwards, 07717 457180
Scottish Dancing	Monday		Woodbury Community Hall	David Acland, 01460 65981
Short Tennis	Thursday	2.00pm	Musbury Village Hall	Jill Menzies, 07775 256722
Table Tennis	Thursday	p.m.	Baptist Church Hall, Lyme Regis	Brian Watson, 01297 32060
Tennis	Tuesday	10.00am	Charmouth Tennis Club	Jane Littler via groups@lru3a.org
Walking 1	Alternate Mondays	10.00am	Various locations	Sue Wilson via groups@lru3a.org
Walking 2	Alternate Mondays	10.00am	Uplyme Village Hall	Marion Richardson, 01297 33824
Walking-Strollers				New leader required. groups@lru3a.org

KNOWLEDGE

Subject	Day	Time	Place	Contact
Archaeology	1st Wednesday	3.00pm		Maggie Davidson via groups@lru3a.org
Book Group	1st Monday	p.m.	Members' homes	Jo Marsh via groups@lru3a.org
Current Affairs	3rd Tuesday	10.30am	Members' homes	Gilbert Bland, 07754 545590
History	2nd Wednesday	4.00pm	TBD	Paul Hancock via groups@lru3a.org
Literature	2nd Thursday	2.00pm	Members' homes	Frances Barter, francesbarter@francesbarter.plus.com
Memoir writing				Jackie Lloyd, 01297 443516
Play reading	Alternate Mondays	2.00pm	Members' homes	Frances Barter, francesbarter@francesbarter.plus.com
Rare Book Group	1st Friday, alternate months	7.30pm	65 Broad Street, Lyme Regis	Bob Speer, 01297 445815 (day) / 01297 443653 (evenings)
Science and Technology	3rd Friday (excl. August & December)	10.00am	Woodmead Hall, Lyme Regis	Richard Doney via LRU3ASciTech@gmail.com

LANGUAGES

Language	Day	Time	Place	Contact
French Conversation	Alternate Tuesdays	10.00am	Members' homes	Maggie Allison, 01297 443983 / Keith Robson, 01297 442183
French Experience	Thursday	10.00am	Members' homes	Christopher Robinson, 01297 552064, robinsonchristopherdavid@gmail.com
French for Fun	Alternate Tuesdays	10.00am	Members' homes	Kay Luckraft, 01297 599416
German	Alternate Tuesdays	2.30pm	Members' homes	Kay Luckraft, 01297 599416
Italian Conversation	1st & 3rd Thursdays		Kilminsteron	Allen Swannell, 01297 443003
Italian Intermediate	Alternate Mondays	10.00am	Whitchurch Canonorum	Allen Swannell, 01297 443003
Spanish Conversation	2nd & 4th Mondays	10.00am	Members' homes	Rosemarie Hearn 01297 34342

SKILLS

Skill	Day	Time	Place	Contact
Art and Crafts	2nd Monday	13:00 to 16:30	Hallett Community Hall	Jayne Avery on jayne.avery@btinternet.com
Creative Writing	TBA	TBA	TBA	Lesley Smith via groups@lru3a.org
Digital Photography	TBA	TBA	Member's home, Lyme Regis	Mark Gillams on groups@lru3a.org
Making Music	Alternate Wednesdays		Morecombelake Village Hall	Rob Walker, 01297 444811
Meditation	2nd & 4th Tuesday		Member's home, Lyme Regis	Jo Smith-Oliver, via groups@lru3a.org
Seafront gardens	Varies	Varies	Lyme Regis	Merry Bolton on 01297 443334

SOCIAL

Event	Day	Time	Place	Contact
Breakfast	1st Saturday	9.30am	Pilot Boat, Lyme Regis	Rachael Pope, 01297 445575
Canasta	2nd & 4th Fridays	2.15pm	Charmouth Library Meeting room	Valerie Penn, 01297 560717
Garden Lovers	Varies	Varies	Varies	Mary Bohane, 01297 444566
Informal Drop-in	Last Thursday	10.00am	Pilot Boat, Lyme Regis	Rachael Pope, 01297 445575 / Ann Fleet, 01297 442651
Jazz Appreciation – Live!	Varies	Varies	Varies	Heather Britton, 07802 797427
Plant sharing	Varies	Varies	Varies	Laura Noel, 07702 131710
Sunday Lunch Club 1	Sunday	Varies	Varies	Linda Green, 01460 220356
Sunday Lunch Club 2				New leader required

Day	Activity
Monday	Art and Crafts; Badminton; Book Group; Italian Intermediate; Play reading; Scottish Dancing; Spanish; Walking Groups 1 & 2
Tuesday	Chi Gung (Qigong); Current Affairs; French Conversation; French for Fun; German; Meditation; Tennis
Wednesday	Archaeology; History; Making Music
Thursday	French Experience; Informal Drop-in; Italian Conversation; Literature; Short Tennis; Table Tennis
Friday	Canasta; Rare Book Group; Science and Technology
Saturday	Breakfast
Sunday	Lunch Club

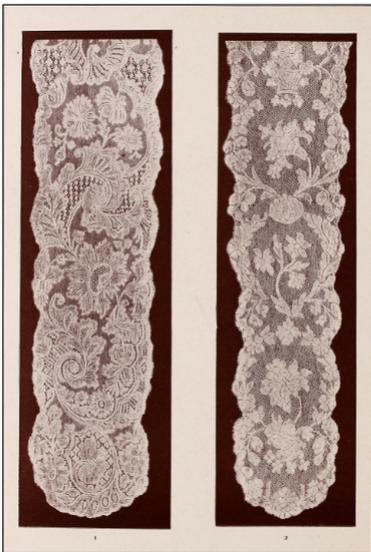
A New Group – Creative Writing

Is anyone interested in joining a creative writing group? I am new to u3a but would like to start a group for novice or more experienced writers to get together to exchange ideas and for encouragement. I envisage it being like a ‘book group’ model, with a different vague topic every month, which people can interpret however they like and share (or not) with the group. I thought it might be fun also to arrange some trips to local literary festivals, which I have found quite inspiring in my writing journey. I am quite happy to host here in Beer, or we can make a decision about premises or rotating around different homes after we meet for the first time. As far as frequency goes, perhaps monthly at first, on a Tuesday during the day, but more frequently if we love it!

Please contact Lesley Smith l.j.smith@btinternet.com to register your interest.

In the News ...

Some interesting items about Lyme Regis and Charmouth that made the newspapers in former times.



August 1753

Two Lyme Regis ladies won second and third prizes in a national competition. At a Quarterly Committee of the Laudable Order of Anti-Gallicans*, Premiums for the best English manufactured pair of Lappets**, in imitation of Brussels lace, were adjudged as follows: Mrs Mary Channon, second prize of 10 guineas, Mrs Mary Heber, third prize of 5 guineas (respectively around £1300 and £650 today). It was reported that “...the lappets were of exquisite workmanship and unanimsly allowed to be the most perfect ever made in this kingdom.” Praise indeed!

*The Anti-Gallican Society was formed about 1745 to “promote the British Manufacturies, to extend the commerce of England, and to discourage the introducing of French Modes, and oppose the Importation of French Commodities...” Ah, our relationship with the French!!

**Lappets – the hanging part of a headdress or garment.

August 1853

The Lyme Regis Annual Regatta took place on Wednesday 3rd, with many prizes offered for the winners. A Silver Cup, value 35 guineas, was to be sailed for by yachts not exceeding 70 tons and a purse of 15 guineas to be sailed for by yachts not exceeding 20 tons (‘the property of Gentlemen and kept for pleasure only’). There were many smaller prizes for other races (presumably not intended for ‘Gentlemen’!) with amusements on the sands in the afternoon and a

Ball in the Assembly Rooms in the evening.

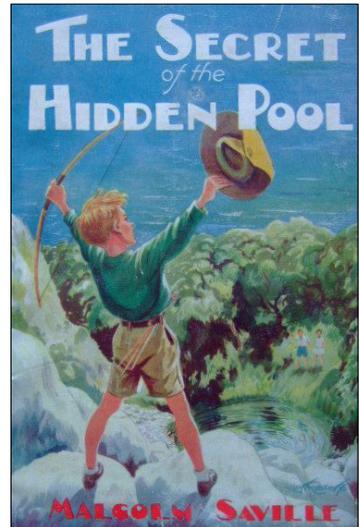
Regatta Day started around 1825 but had been discontinued by 1889. It was however resurrected for 1898 with races, sand sports, entertainment and fireworks. It was, inevitably at that time, male-orientated, but a high point of the season nonetheless.

A short history of Regatta Days can be read on Lyme Regis Gig Club website - <http://www.lymeregisgigclub.com/history-of-lyme-regis-reggatta-days/> [Including the odd spelling!]

August 1953

Lyme Regis featured in a new children's adventure story, *The Secret of the Hidden Pool* by John Murray. In this, the 4th story in the "Michael and Mary" books, Michael and Mary Bishop and their dog Scottie help to find a treasure hidden by the Royalists after their siege of Lyme in the Civil War.

Children having good old-fashioned fun (doubtless with the interference of any adults!) in a world very different from that of today.



Lyme Regis Wordsearch

A	N	N	F	C	U	P	R	H	O	T	E	A	H	C
N	S	P	O	I	V	K	A	G	N	I	N	N	A	D
X	G	R	D	S	M	O	N	C	M	S	H	K	L	C
B	F	O	S	S	I	L	O	H	A	U	A	V	A	O
B	T	M	K	A	M	I	M	A	R	J	R	E	D	H
Y	S	E	A	R	R	F	L	I	F	E	B	O	A	T
E	I	N	L	U	A	T	E	H	A	R	O	G	O	U
M	H	A	M	J	H	O	T	L	Y	M	U	U	P	O
Y	O	D	O	I	R	U	O	N	J	U	R	X	A	M
L	T	E	R	P	O	B	H	E	N	I	B	S	U	N
S	E	A	P	M	O	N	S	X	S	O	F	I	G	O
P	M	A	R	I	N	E	I	T	C	K	B	D	T	M
X	O	A	M	F	H	A	R	L	I	F	B	E	A	D
D	H	C	A	E	B	T	S	E	A	T	O	N	B	P
C	K	A	R	O	N	Z	O	S	S	I	C	K	D	Y

PROMENADE	COBB
BEACH	JURASSIC
LIFEBOAT	FOSSIL
TOURIST	MONMOUTH
LYME	CHARMOUTH
HOTEL	HARBOUR
MARINE	SEATON
ANNING	

Lyme Bay Quiz

All these questions have answers based in or around Lyme Bay.

1. What was the name of the only Royal Navy ship ever built in Lyme Regis?
2. Where would you find the 11-lawn croquet club which is reputedly one of the largest and oldest in the country?
3. In the days of sail, the section of the Chesil Beach towards the Isle of Portland was known as a lee shore. Why?
4. Where is Stanton St Gabriel, also known as the “lost village”?
5. Which Lyme Bay resort used to be known as Fluta or Fleet in the Saxon times?
6. From where were the original “cowstones” brought in order to construct the first structure that subsequently became the Cobb?
7. How long is the UNESCO World Heritage site of the Jurassic Coast?
8. Where would you find the home of the model railway manufacturer PECO?
9. Which town was used to film the opening credits for the popular TV series *The Fall and Rise of Reginald Perrin*, starring Leonard Rossiter in the title role?
10. Where would you find the largest thatched tithe barn in the world?

Answers pp29-30

A Recipe

Pear, hazelnut & chocolate cake

Who doesn't love a slice of cake! This is a very easy recipe as it's made in a food processor. Courtesy of www.bbcgoodfood.com, this would be the perfect treat to have with your teatime cuppa.

Ingredients

100g blanched hazelnuts
140g self-raising flour
175g butter, cut into small pieces
140g golden caster sugar
2 large eggs, beaten
5 small, ripe Conference pears
50g dark chocolate, chopped into small chunks
2 tbsp apricot jam

Method

Preheat the oven to fan 140C/
conventional 160C/gas mark 3.
Butter and line the base of a 20cm
round cake tin.

Grind the hazelnuts in a food
processor until fairly fine. Add the
flour and mix briefly. Add the
butter and pulse until it forms
crumbs. Add the sugar and eggs and

mix briefly. Peel, core and chop two
of the pears. Stir the pears and
chocolate lightly into the cake
mixture.

Spoon the mixture into the
prepared tin and smooth the top.
Peel, core and slice the remaining
pears and scatter over the top of the
cake. Press down lightly and bake
for 50-60 minutes, until firm to the
touch.

Cool in the tin for 10 minutes, then
turn out and cool on a wire rack.
Warm the jam and brush over the
top.

Serve warm or cold.

Two Cases of Mistaken Identity

In the 1960s I belonged to St Jude's C of E church in Plymouth. Do churches still have fêtes to raise money or are they just nostalgic settings for Midsomer Murders?

That July summer day the atmosphere reminded me of the 1950s fêtes at St Agnes, North Reddish, Stockport, which I'd bounced happily off to as a child, clutching a few sixpences if I was lucky. The sun was shining, makeshift stalls were set around the church itself: the cake stall, buzzing with those whose only chance of home-made provender was to bag one of the rapidly diminishing array of goodlies (as they're known in our family); White Elephant stalls with unloved ornaments, hand-crafted baby and dolls' clothes, outgrown toys, dog-eared books; the missionary stalls with photographs of have-nots designed to prick the consciences of we haves.

There were little competitions with entrance fees for the children: "A Garden on a Tea Plate". I remember witnessing our very irritating parson at St Matthew's in Rugby fixing the little girl who'd won first prize with his customary accusatory expression and asking in a wheedling tone, "Did your mother help you make this?"

That day in Plymouth I'd spent up, so I looked round for my husband. At the time he always wore grey flannel trousers and gritchy checked nylon shirts from M&S. I spied him around a corner of the church, standing with his back to me, grey flannel trousers, grey and blue checked shirt and all.

I came stealthily up behind him and thrust my hand into his trouser pocket to extract a pound note or two. He turned around: to my horror a startled face revealed the man to be not he, but John, our handsome young curate. I babbled my apologies and rushed off, my face puce I'm sure, burning with embarrassment. Grâce à lui he never referred to the incident at our next meeting.

Only last week I embarrassed myself again with another case of

mistaken identity. Old age has affected my sight, which has never been good, although I've discovered one advantage of the derelictions of old age is the fading away of long-held inhibitions.

My husband I were in Mole Avon, a large farmers' supermarket in Axminster, which sells a fascinating range of rustic requirements, from equestrian necessities, udder cream, calf buckets, to tea pots and shelves of DIY stuff. I'd dragged my man - a shopping phobic - there to buy a monster bottle of liquid detergent that usually lasts me the better part of a year. He'd wandered off to get a thrill out of the serried rows of saws, screws, scythes so displayed as to delight his heart.

The bottle of Ariel was too heavy for me to lift with my arthritic paws, so I scanned the shop for sight of my spouse, who I expected to see bobbing along the aisles, to act as porter. He was wearing a red jacket, sag-ass beige corduroy trousers, his hair is white.

After several sweeps of the shop I spotted his white hair and red coat in the distance. Since he never pays attention to anything I say, except, "I've made you an apple pie," as I approached I shouted to get his attention:

"Dee, Dee, are you listening? You do know the shower cubicle is leaking, I've told you twice already, you've got to seal it, get some sealant; don't ignore me."

The baffled face of the man I was just about to jab in the chest with an aggressive forefinger suddenly registered: IT WAS NOT DEE BUT A COMPLETE STRANGER. He took a step backwards as if terrified of the harridan who confronted him.

I burst out laughing and, in lowered tone, I said, "Oh it's alright, I won't make you do it," whereupon he smiled nervously and hurriedly made off.

This time I wasn't embarrassed: there's something to be said for

being old enough not to be concerned about making a charlie of yourself.

Anon

A New Project at the Marine Theatre

The Marine Theatre Academy is starting an exciting new project entitled 'Senior Moments'.

The project aims to engage with and entertain the older residents of Lyme Regis through a series of free events and shows, both at the Marine Theatre and out and about in the community. The project will run across the course of the next year.

The first three events will be:

- October - **Tea Dance**
- November - **Connectivity Through Music**
- December - **Christmas Cabaret.**

The TEA DANCE will take place at the Marine Theatre, Lyme Regis on Tuesday 18th October between 2pm and 4pm. The event is free but tickets are required (so that the theatre know how many people to expect). Tickets can be obtained via the Marine Theatre website.

Snippets from the events in the 'Senior Moments' project and, most importantly, interviews with some of the senior people of Lyme whom we meet during the project, will feature in a specially commissioned film. A free screening of the film will be the final event in the project. It will be shown at the Marine Theatre and will also be streamed online.

If you have difficulty accessing the website, or would prefer to order by telephone, please let the newsletter editor, Elaine Taylor, know your requirements and she will arrange the tickets for you. (u3a4u@lru3a.org or 01297 443203)

Answers to the quiz

1. HMS SNAP, a 12-gun gun-brig was built on the Cobb and launched in 1812. It was subsequently converted into a survey ship in 1823 and then a powder hulk in 1827. It was sold in 1832.
2. Budleigh Salterton, as part of the East Devon Golf Club.
3. A lee shore is a coastline onto which the wind usually blows directly, i.e. it is directly downwind of any vessel in the offing and so can be dangerous as the wind will force the ship onto it.
4. In 1872, in the Imperial Gazetteer of England and Wales by John Marius Wilson, it was stated to be: "4 miles W by S of Bridport railway station" or today just east along the coast from Charmouth on the National Trust property of Stonebarrow.
5. Seaton, founded by Saxon Charter in 1005AD. It was renamed at some stage by 1146 when the first mention of Seaton appears in a papal bull by Pope Eugenius.
6. They are hard, naturally cemented Upper Greensand boulders taken from the shores east and mainly west of Lyme.
7. 155 km or 95 miles starting at Exmouth in the west and running through to Old Harry Rocks near Swanage in Dorset in the east.
8. On the hills behind the village of Beer.
9. West Bay, which was also used for much of the TV series *Broadchurch* and also for the 1950s film of *The Navy Lark* based on the radio comedy show.
10. The Great Barn in Abbotsbury at 272 feet by 31 feet claims to be the largest thatched tithe barn in the world, although it is now half-roofed.

Answers to the Wordsearch

A	N	N	F	C	U	P	R	G	N	I	N	N	A	C
N	S	P	O	I	V	K	A	H	O	T	E	A	H	D
X	G	R	D	S	M	O	N	C	M	S	H	K	L	C
B	F	O	S	S	I	L	O	H	A	U	A	V	A	O
B	T	M	K	A	M	I	M	A	R	J	R	E	D	H
Y	S	E	A	R	R	F	L	I	F	E	B	O	A	T
E	I	N	L	U	A	T	E	H	A	R	O	G	O	U
M	H	A	M	J	H	O	T	L	Y	M	U	U	P	O
Y	O	D	O	I	R	U	O	N	J	U	R	X	A	M
L	T	E	R	P	O	B	H	E	N	I	B	S	U	N
S	E	A	P	M	O	N	S	X	S	O	F	I	G	O
P	M	A	R	I	N	E	I	T	C	K	B	D	T	M
X	O	A	M	F	H	A	R	L	I	F	B	E	A	D
D	H	C	A	E	B	T	S	E	A	T	O	N	B	P
C	K	A	R	O	N	Z	O	S	S	I	C	K	D	Y

PROMENADE COBB
 BEACH JURASSIC
 LIFEBOAT FOSSIL
 TOURIST MONMOUTH
 LYME CHARMOUTH
 HOTEL HARBOUR
 MARINE SEATON
 ANNING



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